



## Muhammad Behzad

**Nationality:** Pakistani **Date of birth:** 10 Mar 2001 **Gender:** Male

**Phone number:** (+92) 3430411022 **Email address:** [behzadk578@gmail.com](mailto:behzadk578@gmail.com)

**Home:** Rajanpur, Punjab, Pakistan, 33000 Jampur (Pakistan)

### EDUCATION AND TRAINING

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#### Masters in Epidemiology and Public Health

**University of Agriculture, Faisalabad** [ 25 Oct 2021 – Current ]

City: Faisalabad

Country: Pakistan

Field(s) of study: Epidemiology and Public Health

Final grade: 3.45

**Thesis:** Surveillance of Infectious Diseases Following Natural Flood Disaster in Rajanpur, Pakistan (2022)

- Prevalence of different diseases was checked
- It was a survey based study
- Association of risk factors was also identified

#### B.Sc. (Hons.) Human Nutrition & Dietetics

**PMAS Arid Agriculture University Rawalpindi** [ 8 Oct 2017 – 8 Jul 2021 ]

City: Rawalpindi

Country: Pakistan

Field(s) of study: Nutrition and Dietetics

Final grade: 3.19

#### Intermediate (F.Sc Pre Medical)

**B.I.S.E. D.G khan** [ 11 Aug 2015 – 11 Sep 2017 ]

City: DG Khan

Country: Pakistan

Field(s) of study: Biology, Physics, Chemistry

Final grade: 66%

#### Matriculation

**B.I.S.E. D.G khan** [ 13 May 2011 – 7 Aug 2013 ]

City: DG Khan

Country: Pakistan

Field(s) of study: Science

Final grade: 75%

### WORK EXPERIENCE

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#### Internee

**Rawalpindi Institute of Cardiology** [ 15 Feb 2021 – 15 May 2021 ]

City: Rawalpindi

Country: Pakistan

- Disease diagnosis
- Diet planning for patients

## **Internee**

***Rabia Trust Hospital Faisalabad*** [ 3 Jun 2022 – 3 Sep 2022 ]

City: Faisalabad

Country: Pakistan

## **EXTENSION ARTICLES**

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### **Impact of Climate Change on Dengue Disease**

First author

Published in Agro-Veterinary News (AVN). (Vol. 34 No. 03/ June 2022) Reg. No. MC-1209, ISSN 17228-1512

### **Malnutrition and its Increasing Trends**

First author

Published in Agro-Veterinary News (AVN). (Vol. 39 No. 03/ August 2022) Reg. No. MC-1209, ISSN 17228-1512

### **Trends of Chronic Diseases and Public Health Concerns**

First author

Published in Agro-Veterinary News (AVN). (Vol. 33 No. 11/ February 2022) Reg. No. MC-1209, ISSN 17228-1512

### **Food Security and Public Health**

First author

Published in Veterinary News and Views ( News Paper and Magazine)

## **CONFERENCES AND SEMINARS**

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### **Awareness about the prevention and control of Obesity**

[ PMAS Arid Agriculture University, Rawalpindi, 29 Mar 2019 – 29 Mar 2019 ]

### **Malnutrition awareness**

[ PMAS Arid Agriculture University, Rawalpindi, 29 May 2019 – 29 May 2019 ]

### **Zero Hunger Challenge**

[ Nutrition and Dietetics Society, 15 Apr 2018 – 15 Apr 2018 ]

## **DIGITAL SKILLS**

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IBM SPSS / MS Word / MS PowerPoint

## **STUDIED COURSES**

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### **Additional courses**

[ 12 Feb 2018 – 15 Mar 2020 ]

- Fundamentals of Human Nutrition, Food Processing and Preservation, Micro and Macro Nutrients
- Food safety and Quality Management, Meal Planning and Management, Food Analysis and sensory evaluation Metabolism of Nutrients, Diet Modelling and counseling, Nutrition Epidemiology and public health
- Food Microbiology, Assessment of Nutritional Status, Dietetics-1, Functional Foods and Nutraceuticals
- Nutrition and Psychology, Food and Drug Laws, Nutritional Education and awareness
- Dietetics-2, Nutrition in Emergency, Nutrition through life cycle, Nutritional practices in clinical care
- Infant and young child feeding, Medical Nutrition therapy, Dietetics-3, Food and Drug interaction
- Global Food issues, Research methods in Nutrition, Sports in Nutrition, Nutritional Deficiency Disorders
- Nutritional immunology, Food Service Management, Nutrition Policies and Programs

## HONOURS AND AWARDS

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### **Merit base Scholarship**

The Punjab Educational Endowment Fund

Scholarship for Bachelor's studies

2017-2021

### **Merit base Solar Panel Award**

Prime Minister Ujala Programme [ 6 Jun 2015 ]

## RECOMMENDATIONS

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### **Professor (Mentor)**

**Name:** Dr. Asif Ahmad

**Phone number:** (+92) 3345628182

**Email:** [asifahmad@uaar.edu.pk](mailto:asifahmad@uaar.edu.pk)

Institute of Food and Nutritional Science

PMAS Arid Agriculture University

### **Associate Professor (Mentor)**

**Name:** Dr. Asma Sohail

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Institute of Food and Nutritional Science

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